



Where?



Central  
Beds



# Young Person's Wellbeing Navigator Service

**Wellbeing and mental health support**

**Drop in session at Flitwick Hub every Thursday (4.00pm - 6.00pm)  
The Hub Dunstable Road, Flitwick MK45 1HP**

**For more information please contact:**

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**t: 0300 330 0648**



**Central  
Bedfordshire  
Council**  
Working in partnership



**Bedfordshire, Luton  
and Milton Keynes  
Integrated Care Board**



[www.mind-blmk.org.uk](http://www.mind-blmk.org.uk)

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